

BEGINNING VIOLIN

LESSON 1

- 1. Violin Parts Song – Sing each day until you know the parts of the violin. Point to each part as you sing**
This is the scroll, These are the pegs
This is the fingerboard, These are the strings
This is the bridge, These are the tuners
This is the tailpiece, These are the F holes
- 2. Practice the “Get Ready 1-5” to the Lion’s Hold until you can hold the violin for 10 seconds on your shoulder without dropping**
 - 1 – Feet Apart, Left Foot Forward
 - 2 – Statue of Liberty
 - 3 – Bend elbow, bring the violin to your shoulder. (don’t bring your head to the violin!)
 - 4 – Head over left shoulder, violin goes on shoulder
 - 5 – Lion’s Hold and put your left hand on your right shoulder. Keep it TALL! No shooting gophers!!
- 3. ANTS song**
Get pizzicato fingers ready (right thumb up, 1st finger out)
Place thumb upside down on the corner of the fingerboard then sing and play pizzicato:
Each Each Each Each and every
Ant Ant Ant digging in the
Dirt Dirt Dirt way down in the
Ground Ground Ground Ground
- 4. Play the Four String Warm-up with pizzicato. Listen for the ringing string!**
G G G G
D D D D
A A A A
E E E E
E E E E
A A A A
D D D D
G G G G
- 5. Practice Bow Down O Belinda with pizzicato. Keep your pizzicato arm floppy like a fish!**
G G G G
D D D D
G G G G
D D G G

BEGINNING VIOLIN LESSON 2

- 1. Review: Keep practicing ANTS, FOUR STRING WARM-UP & BOW DOWN O BELINDA**
- 2. Playing “JIG” with flying pizzicato**
Tuck pizzicato thumb into fist and only keep index finger out
Pluck 2 strings at the same time. Arm flies into the air and makes a circle back to the string during the rest
- 3. Polishing the Fingerboard**
Move thumb to the side of the fingerboard and put fingers lightly on the string.
Slide hand up and down the fingerboard with your thumb.
Keep your WRIST STRAIGHT!
Stop at the bottom of the fingerboard (close to the scroll)
Tap left thumb 3 times
- 4. See A Little Monkey – Practice on the A & D strings**
Tap your left thumb 3 times
See A Little Monkey (0 fingers)
Climbing Up the Ladder (1 finger down)
Climbing Up so High to (2 finger down)
Pick A Ripe Banana (3 finger down)
See A Little Monkey (3 fingers stay down)
Climbing Down the Ladder (3 finger up)
Climbing Down so Low to (2 finger up)
Eat the Ripe Banana (1 finger up)
- 5. Hot Cross Buns – Practice on the A & D strings**
2 rest 1 rest 0 rest rest rest
2 rest 1 rest 0 rest rest rest
0 0 0 0 1 1 1 1
2 rest 1 rest 0 rest rest rest
- 6. Musical Alphabet – sing each day, starting on a new note. Go forwards and backwards**

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LESSON 3

1. **Keep practicing Polishing the Fingerboard, Hot Cross Buns & See A Little Monkey**

2. **Warmups: A – B – C# - D – E – D – C# – B – A**
D– E – F# - G – A – G – F# - E – D

Practice pizzicato each day on each string, saying the notes out loud and making sure your 2nd and 3rd fingers are touching

3. **Strictly Strings – Learn page 11-13**

Make sure you know the terms: bar line, repeat, quarter note & quarter rest

Practice each line at least 2x a day, saying the beats out loud during the rest

4. **Get Ready for the Bow!**

Make a Buck-Tooth Rabbit

Put pencil in between the teeth

Lay 1st finger on the stick

Rest pinky on the top ridge

5. **Noble Duke of York and Elevator**

Practice both exercises with a pencil

Words to “Noble Duke of York: The Noble Duke of York
 He Had Ten Thousand Men
 He Marched Them Up the Hill
 And Marched Them Down Again
 And When You’re Up You’re Up
 And When You’re Down You’re Down
 And When You’re In the Trees
 You’re Neither Up nor Down

Check that your fingers are still round, like you are holding an egg!